



# SJHA Player Registration Information 2009/ 2010



Division: \_\_\_\_\_ E-Mail: \_\_\_\_\_  
Opt in for broadcast emails: yes: \_\_\_\_\_ no: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Date of Birth: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ (MM/DD/YY) Sex: M\_\_ F\_\_ US Citizen: Y or N; Ctry: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Parent/Guardian Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Parent/Guardian Cell Phone: \_\_\_\_\_

Parent/Guardian 2: First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**Please check if you are a goalie** Goalie: \_\_\_\_\_

**Please check if you plan to Try Out for Rep Team (Squirt/PW/Bantam):**

**ALL MIDGETS MUST TRY OUT and Pay Tryout Fee**

Squirt: \_\_\_\_\_ Pee Wee: \_\_\_\_\_ Bantam: \_\_\_\_\_ Midget: \_\_\_\_\_

**Pee Wee, Bantam, Midget Players:**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Grade in School: \_\_\_\_\_ Are you graduating after this season? \_\_\_\_\_

***SJHA, with the help of supporters like yourselves provide assistance to low income families who are unable to pay for some or all program fees or equipment. You can help these families by making a contribution.***

**I would like to contribute to the Aaron Matlock Memorial Scholarship Fund**

\$10 \_\_\_\_\_ \$25 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ \$250 \_\_\_\_\_ Other \_\_\_\_\_

**I would like to contribute to the Adrian Berg Goalie Education Fund**

\$10 \_\_\_\_\_ \$25 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ \$250 \_\_\_\_\_ Other \_\_\_\_\_

**I would like to help others play hockey!**

SJHA Rep fee \$1,900+ - Actual Cost: \$2,900.00

I would like to contribute (above my regular fee): \_\_\_\_\_

**I would like to help others play hockey!**

SJHA Rec. fee \$875.00 - Actual Cost: \$1,600.00

I would like to contribute (above my regular fee): \_\_\_\_\_

## To be officially registered

You must register with USA Hockey (beginning 5/1/09) and RETURN the Confirmation to SJHA.  
www.usahockeyregistration.com USA Hockey Registration Fee is \$39



# USA Hockey

## Consent To Treat/Medical History Form



This is to certify that on this date, I \_\_\_\_\_, as parent or guardian of \_\_\_\_\_, (athlete participant), or for myself as an adult participant, give my consent to USA Hockey and its medical representative to obtain medical care from any licensed physician, hospital, or clinic for the above mentioned participant, for any injury that could arise from participation in USA Hockey sanctioned events.

If said participant is covered by any insurance company, please complete the following:

Insurance Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_

**Parent/Guardian/Adult Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Excess accident insurance up to \$25,000, subject to deductibles, exclusions and certain limitations, is provided to all USA Hockey registered team participants. For further details visit usahockey.com or contact USA Hockey at (719) 576-USAH.

### COMPLETION OF MEDICAL HISTORY INFORMATION BELOW IS OPTIONAL

#### EMERGENCY CONTACT

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Hospital of Choice: \_\_\_\_\_

#### MEDICAL HISTORY

If the answer to any of the following questions is yes, please describe the problem and its implications for proper first aid treatment on the back of this form.

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Head Injury<br><i>(concussion, skull fracture)</i> | <input type="checkbox"/> Asthma              | <input type="checkbox"/> Allergies _____ |
| <input type="checkbox"/> Fainting spells                                    | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Diabetes        |
| <input type="checkbox"/> Convulsions/epilepsy                               | <input type="checkbox"/> Kidney problems     | <input type="checkbox"/> Other _____     |
| <input type="checkbox"/> Neck or back injury                                | <input type="checkbox"/> Hernia              | _____                                    |
|   | <input type="checkbox"/> Heart murmur        | _____                                    |

#### Have you had (or do you currently have) any of the following?

Have you had a recent tetanus booster?  Yes  No If yes, when? \_\_\_\_\_

Are you currently taking any medications?  Yes  No If yes, please list all medications on back.

Has a doctor placed any restrictions on your activity?  Yes  No If yes, please explain on back.



**USA HOCKEY  
PARTICIPANT  
CODE OF CONDUCT**

NAME: \_\_\_\_\_

To be read and signed by you as a member of Team: \_\_\_\_\_  
Participating in USA Hockey for the 2009-2010 season.

1. No swearing or abusive language on the bench, in the rink, or at any team function.
2. No lashing out at any official no matter what the call is. The coaching staff will handle all matters pertaining to officiating.
3. Anyone who receives a penalty will skate directly to the penalty box.
4. Fighting will not be tolerated. Fighting will result in an appearance before a Discipline Committee.
5. There will be no drinking, smoking, chewing of tobacco or use of illegal substance at any team function.
6. I will conduct myself in a befitting manner at all facilities (ice rink, hotel, restaurant, etc) during all team functions.
7. Any player or team official who cannot abide by these rules or violates them will be subject to further disciplinary action.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

## **SJHA Code of Conduct and Waiver Contract**

I have read and understand the regulation, policies and Code of Conduct presented in the SJHA Bluebook (online @ [www.sjha.com](http://www.sjha.com)).

I hereby agree to behave in accordance with the rules set forth.

Player Name (Print): \_\_\_\_\_

Player Signature: \_\_\_\_\_

Division: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature (if player is under 18 years of age):

\_\_\_\_\_ Date: \_\_\_\_\_

As a parent and participant in SJHA, I have read and understand the regulations, policies and Code of Conduct presented in the SJHA Bluebook (online at [www.sjha.com](http://www.sjha.com)). I hereby agree to behave in accordance with the rules set forth.

Parent Name (Print): \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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### **Waiver of Release**

I give Seattle Junior Hockey Association permission to use my child's name and picture in the SJHA publication, "Networker", SJHA Website and on the SJHA in-house Kiosk at OlympicView Arena.

Player Name (Print): \_\_\_\_\_

Player Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature:

\_\_\_\_\_ Date: \_\_\_\_\_

*Please note – The Waiver of Release section is optional*

# SJHA Code of Conduct

**Coaches:** Remember a child doesn't care how much you know, until he/she knows how much you care. Your primary role is to develop a positive and ethical environment where all players are encouraged, taught and developed to advance their skills while growing their love of the sport.

1. Be a positive role model for your players.
2. Winning is a consideration, but not the most important one. Care more about the child than winning the game. Remember, players are involved in hockey for fun.
3. Display emotional maturity.
4. Be alert to the physical safety of players.
5. Be generous with your praise when it is deserved.
6. Be fair and just, do not criticize players publicly.
7. Teach good sportsmanship, respect parents, opponents, and officials.
8. Be patient and understanding, be upbeat and encourage fun.
9. Familiarize yourself with the rules, techniques, and strategies of hockey.
10. Be an effective communicator, do not just yell at the players or officials.
11. Recognize your influence on players, be honest and consistent.
12. Teach the importance and value of team work.
13. Emphasize the development of the fundamental skills of hockey.
14. Adjust to personal needs and problems of players.
15. Maintain open lines of communication with your players' parents. Explain the goals and objectives of our Association.
16. Never verbally or physically abuse a player or official.
17. Give all players the opportunity to improve their skills, gain confidence and develop self-esteem.
18. Organize practices to be fun and challenging for your players.
19. Be concerned with the overall development of your players. Stress good health habits and clean living.
20. Never use profanity around players, parents, or officials.
21. Adhere to all Association policies and coaching program.

## Players

1. Play for fun.
2. Respect your coach, your teammates and your opponents.
3. Do not argue on official's decisions.
4. Play by the rules.
5. Work hard to improve your skills.
6. Be a team player, get along with your teammates.
7. Try your hardest to win but be a good sport.
8. Learn teamwork, sportsmanship, and discipline.
9. Be on time for practices and games.
10. Never use profanity. Older players never use profanity around younger players.

## On Ice Officials

1. Act in a professional manner at all times and take your role seriously.
2. Strive to provide a safe and sportsmanlike environment in which players properly display their hockey skills.
3. Know all playing rules, the interpretations and proper application of them.
4. Remember that officials are teachers too. Set good examples.
5. Make your calls with quiet confidence, never with arrogance.
6. Control games only to the extent that is necessary to provide a good experience for all participants.
7. Violence must never be tolerated.
8. Be fair and impartial at all times.
9. Answer all reasonable questions and requests.
10. Adopt a "Zero Tolerance" attitude towards verbal or physical abuse.
11. Never use profanity when speaking to players, coaches, or parents.
12. Use honesty and integrity when answering questions.
13. Admit your mistakes when you make them.
14. Never openly criticize a coach, player, or other official.
15. Keep your emotions under control.
16. Use only USA Hockey approved officiating techniques and policies.
17. Maintain your health and physique through a physical conditioning program.
18. Dedicate yourself to personal improvement and maintenance of officiating skills.
19. Respect your supervisor and his critique of your performance.

## Parents

1. Encourage, do not force, your child to participate in hockey.
2. Understanding and supportive of the coaches and the officials. Do not undermine a coach or official to your child.
3. Realize the importance of practice in developing your child's necessary hockey skills.
4. Be positive and encouraging to your child. Do not embarrass your child by screaming at coaches, players, officials or your child.
5. Teach your child that honest effort, good sportsmanship, and teamwork are most important.
6. Maintain an open line of communication with the coaching staff.
7. Encourage your child to play by the rules.
8. Set a good example for your child.
9. Never determine the worth of your child by whether the team won or lost a competition.
10. Encourage your child to improve his/her skills.
11. Remember children play sports for their enjoyment, not yours. Help make his/her involvement fun.
12. Appreciate good plays by your child's teammate, as well as those by opponents.